

New Patient Information

Name:	Today's Date:		
Address:			
City:	State: Zip:		
Primary Phone:	Is this a Cell Phone? (Please Circle) Yes No		
Secondary Phone:	Is this a Cell Phone? (Please Circle) Yes No		
Email:			
Would you like to receive appointment reminders	s? (Please Circle) Yes No		
What type of reminders? (Please Circle)	Text Email Both		
Text Reminders are sent 1 day before app	t, Email reminders are sent 3 days before appt.		
Birth Date:	Age: Gender: Male Female		
Height: ft in Weight:	lbs		
Occupation:	Employer:		
	Phone:		
	Phone:		
Cancellation Policy			
Acupuncture Zen respectfully requests a 24 ho	our notice if you are unable to make an		
appointment or need to reschedule. Repeated	I no shows without communication or repeated		
	ed to pre-pay in full for appointments. Failing to		
show up for prepaid appointments, or cancella	• • •		
	repayment. To cancel or reschedule please call or		
	reply to text reminders or email reminders, they		
come from an automated system and will not of	•		
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*I have read and understand the cancel	liation policy		
	(Patient Signature)		

Health History:

Have you been treated with acupuncture before?	YES	NO	How recently?		
Please describe the issue(s) that brought you in too	day:	_			0
Problem/Illness/Pain:		<u> </u>	Iow long has it	been going o	<u>n?</u>
1					
2					
3					
4					
5					
Does anything make it better?					
Does anything make it worse?					
What else have you tried? (ex. chiropractic, physic	cal thera	py, massa	age, etc.)		
How would you rate your stress level? (Please Circ	cle) V	ERY HIG	н HIGH	MEDIUM	LOW
Rate (on average) your activity level? (Please Circl	le) VEF	RY ACTIV	VE ACTIVE	RARELY A	CTIVE
Do you smoke? YES NO If so, how l	long?		Packs p	er day?	
Do you have any implanted devices? (ex. pacemal	ker, insu	lin pump,	etc.)		
Please list any known <u>Allergies</u> :					

*If you have a current list of your medications or surgeries you can bring in a copy, or a copy can be made when you come in for your first visit.

Please list all Medications/Supplements:	Taken For:		
Please list all Operations/Surgeries:	Dates of Procedures		

Please circle if you have had or currently have any of the following:

Depression/Anxiety	Psychiatric Disorder	Substance/Drug Abuse	Insomnia
Heart Attack/Heart Problems	High/Low B. Pressure	Stroke	Anemia
Tuberculosis	Chronic Skin Infections	Hepatitis/Liver Disorders	HIV/AIDS
Kidney Disorders	Mononucleosis	Bleeding Disorders	Diabetes
Seizures/Tremors	Thyroid Problems	Cancer	Arthritis
Dizziness/Fainting	Vision Problems	Migraine Headaches	Fibromyalgia
Hormone Disorders	Chronic Sinus Issues	Jaw Pain/TMJ	Psoriasis

Please mark any areas of pain or discomfort: Is there anything that you would like to discuss that isn't covered on this form?

Patient Signature:_____

Date: